



PARENT ORIENTATION MEETING
TUESDAY JULY 21, 2009
6:00PM

HOWARD COUNTY RECS. & PARKS
COLUMBIA, MARYLAND

Confidence on and off the field, Team work, Discipline, Camaraderie, and Success
A Howard County Program



LAUREL STEELERS FOOTBALL AND CHEER

AGENDA

- Welcome; Dwayne Dixon, Program Director
- Introduction of 2009 Board of Directors
- Howard County Program Coordinator
- Football Operations
- Field Operations
- Booster Club
- Cheerleading
- Head Coach Introductions
- Q&A
- Break-Out Sessions with Head Coaches



LAUREL STEELERS FOOTBALL AND CHEER

PROGRAM PHILOSOPHY

- Our number one rule is that a good athlete not only takes care of his body but his mind as well. School is the #1 priority in our program. It is important that all homework be completed before coming to practice. If it is not completed, bring it with you to practice and complete it. Once completed, you will be able to join in practice. If a player's grades are not kept up, it will be suggested to the parents that the child discontinue football/cheer until the grades have returned to what they should be.
- In order to have a "Good Practice" your child's full attention is required. We simply ask that the athletes are well rested during the season and we also ask that all athletes pay attention to what's going on during practices and games, especially if it is not yet their turn to take an active part in a game or practice.



LAUREL STEELERS FOOTBALL AND CHEER

PROGRAM PHILOSOPHY (CONTINUED)

- All coaches should be given your attention and respect even if it is not one of your immediate coaches. All coaches are teachers that are here to assure the athletes are the best athletes possible.
- It is our responsibility as coaches to provide the athletes with all the necessary skills to participate in organized tackle football at a competitive level. Our goal is to prepare the athletes to play the sport at the high school level. If any extra assistance is needed at any time, please do not hesitate to let us know! We are here to teach no matter how much time it takes for the skill/lesson to be absorbed.



LAUREL STEELERS FOOTBALL AND CHEER

2009 BOARD MEMBERS

Dwayne Dixon	Program Director
Ted Duncan	Deputy Program Director
David Byrd	Director, Football Operations
Adrienne McCorkle	Director, Cheerleading
Julie Rhodovi	Deputy Director, Cheerleading
Avery Briscoe	Director, Field Operations
Walter Simmons	Director, Communications
Sarah Johnson	Booster Club President
Dwayne Dixon	Treasurer
Pauline Belton	Secretary
Robert Lynch	Member at Large
Albert Ferreira	Member at Large
<u>Vacant</u>	Member at Large
Will Dunmore	Howard Co. Program Coordinator



LAUREL STEELERS FOOTBALL AND CHEER HO. CO. PROGRAM COORDINATOR

WILLIAM DUNMORE

- MVA ID Cards:
 - MVA Express office in Columbia, Dobbin Road
 - Birth Cert. required along with SSN Card / \$15 good for 5 years
 - Parents and athletes must be present to receive ID
 - Form available online at <http://mva.state.md.us>
- Medical Release Form available on HCRP website (cannot begin practice without form on file)
- Get physicals completed early!
- Participant Information Form should be in Coach's hands by starting practice
- Parents should make copies of ALL COMPLETED FORMS
- No registrations refunds after August 10th!
- This is a Mid-Maryland Youth Football and Cheer League (<http://eteamz.active.com/mmyfcl>)
- Scholarships are available (based on financial need)



LAUREL STEELERS FOOTBALL AND CHEER FOOTBALL OPERATIONS

DAVID BYRD

PRACTICE SCHEDULE & LOCATION

- Training Camp opens Wednesday July 29, 2009 from 6 – 8pm (1st 3 days with no pads)
- Monday – Friday, five days per week until school starts, then switch to 3 nights per week
- Practice is at Murray Hill Middle School

STUDENT ATHLETE/PARENT CODE OF CONDUCT

- Athletes and Parents are expected to demonstrate sportsmanship and respect for their team members, coaches, opponents and officials
- Code of conduct forms will be distributed and signed during 1st week of practice
- Disagreements will be settled by speaking with coaches after practices or games in private, NOT during practices or games!!



LAUREL STEELERS FOOTBALL AND CHEER FOOTBALL OPERATIONS (CONTINUED)

ATTENDANCE

- Players should not miss more than one practice during a week prior to a game for safety reasons
- If an entire week is missed it will be at the coach's discretion to let the child play in that week's game.
- Vacations/etc. are a given but we must keep the child's safety in mind first when there are extended absences until the child is back up to speed

CONFLICT RESOLUTION CHAIN OF PROCEDURE

- Head Coach
- Director of Football Operations/Cheerleading (David Byrd/Adrienne McCorkle)
- Steelers Program Director/Deputy Director (Dwayne Dixon/Ted Duncan)
- HC Sports Program Coordinator (Will Dunmore)



LAUREL STEELERS FOOTBALL AND CHEER FOOTBALL OPERATIONS (CONTINUED)

EVALUATIONS/PRESEASON CONDITIONING/NUTRITION

- The first week of full contact practices is when the players will be moved to their appropriate age/weight group for their overall safety, development and enjoyment
- Athletes should have already begun light exercise routines by now
- Avoid eating heavy amounts of food within one hour of practice
- Drink plenty of fluids (water is best) before, during, and after practices

INCLEMENT WEATHER PLEASE CALL:

- Practice: 410-313-6827
- Games: 410-313-4453
- Please utilize the website as a valuable tool because it will always have the latest and greatest updates!!



LAUREL STEELERS FOOTBALL AND CHEER FIELD OPERATIONS

AVERY BRISCOE

EQUIPMENT

- Provided by County: helmet, chin strap, mouth piece, shoulder pads, five piece pads to go inside of pants, practice pants & jersey, game pants & jersey, and socks
- Provided by Parents: athletic supporter, cup, practice socks, and cleats
- Parents may want to purchase additional equipment such as rib protectors, arm pads, neck rolls, and 3 or 5 piece girdles to hold five piece pad set (which makes it easier when washing pants)

EQUIPMENT HAND OUT

- The Steelers equipment shed is located at Ho. Co. Recs. & Parks
- We highly recommend that you pick up your equipment on one of the two scheduled equipment dates
- The dates are July 23rd, 6-7:30pm & July 25th, 3-6pm
- A deposit check of \$200 will be collected at time of pick up. The check will not be cashed unless the athletes' equipment is not turned in at the end of the season!



LAUREL STEELERS FOOTBALL AND CHEER BOOSTER CLUB

SARA JOHNSON, PRESIDENT

- Support your Booster Club by volunteering to help. Everyone makes a difference so jump in and help the dedicated individuals whom serve your children and your families with such enthusiasm to ensure their 2009 experiences is memorable!
- The concession stand is our primary source of income during the season
- Spirit wear is the secondary source of income and will be available for sale at practices/games
- Gianni's Fundraiser pays for the awards banquet for the athletes so we really need everyone's participation!
- The Booster club funds all community marketing events and offseason fundraisers (see our website for past events)
- Booster club pays for referees on game days
- Booster club pays for light towers at the practice facility in the fall
- This year's goal is to raise enough to purchase new Black Steelers Jerseys



LAUREL STEELERS FOOTBALL AND CHEER CHEERLEADING

ADRIENNE MCCORKLE

- All coaches are Safety Certified as well as First Aid and CPR trained. We have worked with girls of all ages for over 10 years and love to provide leadership combined with fun and safety.
- Practices will be Monday – Friday from 6:00 pm to 8:00 pm until the start of school.
- Practices will switch to Monday and Wednesdays from 6:30 pm to 8 pm once school has started.
- If we attend competition, a new schedule will be made which would require 3 - 4 days of practice.
- Cheer schedule for football games will be made available at a later date.



LAUREL STEELERS FOOTBALL AND CHEER

2009 HEAD COACHES

David Byrd/Rob Lynch	Pit Bull Age 5-6
Wendell Jackson	Age 6 - 8
Glen Belton	Age 7 - 9
John Johnson	Age 8 - 10
Eric Wright	Age 9 - 11
Avery Briscoe	Age 10 - 12
Robert McCloud	Age 11 – 13 (2008 State Runner-ups)
Adrienne McCorkle	Oversees all of Cheer

- All Head Coaches are voting Board members.
- Listings of all head and assistant coaches are on the website along with contact information



LAUREL STEELERS FOOTBALL AND CHEER

PRIMARY POINTS OF CONTACT

Director of Football Operations

David Byrd

202-276-4720

david.byrd@laurelsteelers.com

Cheer Director

Adrienne McCorkle

301-928-7897

adrienne.mccorkle@laurelsteelers.com

Program Director

Dwayne Dixon

301-379-4058

dwayne.dixon@laurelsteelers.com

Ho. Co. Program Coordinator

Will Dunmore

410-313-4736

wdunmore@howardcountymd.gov



LAUREL STEELERS FOOTBALL AND CHEER

QUESTIONS & ANSWERS



LAUREL STEELERS FOOTBALL AND CHEER

**BREAK-OUT SESSIONS
WITH HEAD COACHES**